We welcome your opinions and comments. There are several rules that apply to all comments on this website:

1. You are expected to use your actual first and last name when you post any comments or participating in any discussions. You may not represent that you are any other person, whether real or invented, or imply any connection with any person or organization with which you are not in fact associated.

2. You must demonstrate appropriate respect for other individuals who comment on articles. If you disagree with an opinion, feel free to challenge that opinion with a posting of your own. You must not personally attack any other commenter. You will not stalk or harass another commenter.

3. You will not upload, post or submit anything that is obscene or contains profanity or that may be hateful or offensive on racial, ethnic, sexual or any other grounds; is harmful, vulgar or distasteful; or is defamatory, libelous, or invades another person's privacy or proprietary rights.

4. You will comply with all applicable laws when commenting on this site and will not use the website for illegal purposes.

5. You will not send any bulk unsolicited advertising, promotional information, commercial email or other solicitation (including without limitation junk mail, "spam," chain letters or pyramid schemes of any sort) to any person through the use of this website.

6. You will not upload, post or submit anything that contains any viruses, cancel bots, Trojan horses, harmful code, or other computer software or program designed to interrupt another person's enjoyment of this website.

7. You will not upload, post, submit or otherwise make available any content that you do not have a right to make available under any law or under contractual or fiduciary relationships (such as inside information, proprietary and confidential information learned or disclosed as part of employment relationships or under nondisclosure agreements) or that infringes any patent, trademark, trade secret, copyright or other proprietary rights of any person.

8. You will not upload, post or submit or otherwise make available any content that contains links to Web sites with objectionable content, excessive links to external Web sites, comments in all capital letters, all bold or all italic or objectionable avatars.

We reserve the right not to publish comments or to remove any content at any time from this website.

If you violate any of the above rules, we reserve the right to ban you from further participation in this website.